

INDIVIDUAL REFERRAL FORM

In order to place a young person with Stable Life it is paramount that the Referral Form is completed in full and as accurately as possible. The quality and quantity of information supplied with the referral will have a significant effect on the likelihood of the young person being found a suitable service. To avoid delay, please be specific and accurate with all contact details. For further information please telephone: 01750 32277 or e-mail: info@stablelife.org.uk. On completion of the form please return to Stable Life, Dryden Farm, Ashkirk, Selkirk TD7 4NT, or info@stablelife.org.uk.

It is compulsory that permission from parents/carers, school and young people has been acquired before making contact with Stable Life regarding this referral. Please tick this box to confirm you have done so. Yes

YOUNG PERSON DETAILS:

Please note that due to the size of ponies we currently have a weight limit of 14 stone for any ridden activities.

FIRST NAME (S): SURNAME:

PREVIOUS NAMES: ETHNIC GROUP:

GENDER: DATE OF BIRTH:
share a word/s that reflect the young person's internal sense of gender

STREET ADDRESS:

TOWN:

POSTCODE: TYPE OF ADDRESS:
e.g. family home, foster care, residential

PARENT/CARER DETAILS:

FIRST NAME (S): SURNAME:

STREET ADDRESS:
(if different)

TOWN:

POSTCODE: PHONE NUMBER:

RELATIONSHIP TO YOUNG PERSON: ABLE TO TRANSPORT YOUNG PERSON* (Yes/No)

*We are no longer able to provide transport as part of our support package. We can, however, look into providing a Volunteer Driver, who would require their mileage to be covered. Please speak to staff when submitting the referral about this service.

REFERRER DETAILS:

FIRST NAME (S): SURNAME:

POSITION:

AGENCY:

STREET ADDRESS:

TOWN:

POSTCODE: EMAIL:

MOBILE: WORK NO:

SCHOOL DETAILS:HOME SCHOOLED:

NAME OF SCHOOL:

PASTORAL TEACHER:

ATTENDANCE %:

SOCIAL WORK INPUT: (If applicable)

FIRST NAME (S):

SURNAME:

POSITION:

STREET ADDRESS:

TOWN:

POSTCODE:

EMAIL:

MOBILE:

WORK NO:

SUPERVISION
ORDER: YES NOCHILD PROTECTION REGISTER: YES NOPlease supply
further details if
known:

INVOLVEMENT WITH OTHER AGENCIES:

Please include details of any recent referrals made to other organisations even if a service has not yet been offered.

AGENCY:

CONTACT:

TEL NO:

NATURE & LENGTH OF CONTACT:

AGENCY:	CONTACT:	TEL NO:	NATURE & LENGTH OF CONTACT:

FAMILY STRUCTURE:

PARENTS/CARERS AND ANY SIGNIFICANT OTHERS: (not listed previously)

NAME:

RELATIONSHIP:

ADDRESS: (if different)

NAME:	RELATIONSHIP:	ADDRESS: (if different)

OTHER YOUNG PEOPLE IN THE HOUSEHOLD:

Please give details of any previous or present referral applications to Stable Life for this young person

NAME:	RELATIONSHIP:	SCHOOL:	DOB:	

INFORMATION FOR LONE WORKERS: Is there a perceived risk of violence or other matters that could place those making contact with this family in danger?

ADDITIONAL NEEDS AND PHYSICAL & ENVIRONMENTAL BARRIERS: (e.g. ADHD and other learning difficulties, disability issues, allergies, phobias etc.)

YOUNG PERSON'S PROFILE: (Which may include personality and interests to help with our assessment)

REASONS FOR REFERRAL:

Please tick all relevant issues.

SOCIAL/EMOTIONAL ISSUES

- | | | | | | | | |
|---------------------|--------------------------|----------------------|--------------------------|------------------------------|--------------------------|------------------------|--------------------------|
| Confidence Issues | <input type="checkbox"/> | Physical Abuse | <input type="checkbox"/> | Self-Harm Issues | <input type="checkbox"/> | Physical Health Issues | <input type="checkbox"/> |
| Low Self-Esteem | <input type="checkbox"/> | Sexual Abuse | <input type="checkbox"/> | Parental Mental Health | <input type="checkbox"/> | Sexual Issues | <input type="checkbox"/> |
| Social Isolation | <input type="checkbox"/> | Emotional Abuse | <input type="checkbox"/> | Delayed Personal Development | <input type="checkbox"/> | Personal Hygiene | <input type="checkbox"/> |
| Relationship Issues | <input type="checkbox"/> | Domestic Abuse | <input type="checkbox"/> | Parenting Issues | <input type="checkbox"/> | Bereavement/Loss | <input type="checkbox"/> |
| Neglect | <input type="checkbox"/> | Mental Health Issues | <input type="checkbox"/> | Gender Issues | <input type="checkbox"/> | | |

BEHAVIOURAL ISSUES

- | | | | | | | | |
|---------------------------|--------------------------|-----------------------|--------------------------|-------------------------------|--------------------------|----------------|--------------------------|
| Anger Issues | <input type="checkbox"/> | School - Non-Attendee | <input type="checkbox"/> | Bullying - Perpetrator | <input type="checkbox"/> | Other - please | <input type="checkbox"/> |
| Drug & Alcohol Issues | <input type="checkbox"/> | School - Truancy | <input type="checkbox"/> | Antisocial Behaviour | <input type="checkbox"/> | note below: | <input type="checkbox"/> |
| Poor social skills | <input type="checkbox"/> | School - Excluded | <input type="checkbox"/> | Sexualised Behaviour/Language | <input type="checkbox"/> | | <input type="checkbox"/> |
| Parental Substance Misuse | <input type="checkbox"/> | Bullying - Victim | <input type="checkbox"/> | Impulsive Behaviour | <input type="checkbox"/> | | <input type="checkbox"/> |

Based on your ticks above, please expand on your reasons for referral:

WHAT OUTCOMES ARE YOU HOPING THE REFERRAL TO STABLE LIFE WILL ACHIEVE OR CONTRIBUTE TO?

Please discuss this with the young person and note one or two agreed-upon outcomes below. Outcomes should reflect the role of Stable Life as a short-term, tier-two intervention. Funded outcomes include: confidence, resilience, social skills, well-being, life skills, physical fitness and mental health.

PLEASE TICK WHICH SERVICE YOU FEEL WOULD BE MOST APPROPRIATE FOR THE YOUNG PERSON: *(This will be taken into consideration but is not a guarantee of provision.)*

MAIN SERVICE

Stable Life's Main Service uses Equine Facilitated Wellness. It benefits young people open to the idea of working directly with horses. Referrals are invited on behalf of young people, aged between 5-18 years of age, who are experiencing social, emotional and behavioural issues. The programme is delivered either as a 17-week group programme (during term-time), or a 10-week 1:1 programme. Please note, horse riding is NOT the foundation of the service. Please contact our commercial team for more information on horse riding lessons.

HEALING HOOVES

This project focuses on young people's mental health and is open to ages 8 to 18 years old. We promote mental wellbeing through a combination of Equine Facilitated Wellness, fitness sessions and counselling-based interventions. Groups run during term-time for two school terms, approximately 17-weeks.

PAID PROVISION

If a young person does not meet our funding criteria (aged 5-18 and currently residing in the Scottish Borders), or requires more intensive support, you can apply for them to attend on a paid provision basis. Sessions are £25 per hour and subject to our waiting list. Please call the office for more information.

Although we try to be inclusive to all, there may be some times when our service is not suitable. If this is the case, we will contact both referrer and parent/carer to discuss further. If the decision is to proceed with the referral, a member of staff will contact you to confirm that the young person has been placed on our waiting list. We can hold an extensive waiting list at times and the wait for our services may be considerable. For details on our waiting list procedures please see the information overleaf.

SIGNATURE OF REFERRER:

DATE:

WAITING LIST PROCEDURE

Ideally, Stable Life would not wish to operate a waiting list, aspiring to provide prompt service to those in need. However, given the demand for our service, a waiting list exists. As such, immediate provision of service may not be possible and we appreciate your patience with this.

- All referring agencies will receive notification that the young person has been initially accepted onto the waiting list within ten working days of receipt of the referral form. After which, project workers will undertake individually-tailored eligibility assessments for each young person to determine if Stable Life is an appropriate service for them at this time. This can include, gathering further information, yard assessment visit/s and speaking directly with the young person.
- When approached for an initial assessment and service provision, if a young person or parent/carer refuses the service, their reasons will be considered and, where appropriate, they can request to remain on the waiting list to be offered a service at a later date.
- Whilst priority is needs-led, provision of service is also based on funding, project worker availability, transport availability and length of time on the waiting list. As such, we unfortunately cannot specify how long each young person is likely to remain on the waiting list.
- If a young person has been on the waiting list for more than six months, we endeavour to contact referring agencies for an update on the young person's current situation. Referring agencies are required to respond within three weeks of initial contact. If no response is received, the young person will be removed from the waiting list. Once a young person has been removed from the waiting list they will not receive any further direct offers of service from Stable Life until the parent/carer or referring agency gets back in touch.
- The waiting list is regularly reviewed.